



Canada-Wide Science Fair — Complete Packing List

Built from Team Quinte's official packing expectations (display board sheets, logbook, laptop/tablet + chargers, formal outfit) **Expanded with national-level requirements and practical travel considerations.**

1. Project & Judging Essentials

These are *non-negotiable* — forgetting any of these can jeopardize judging eligibility.

Core Project Materials

- **Display board sheets / printed display components** (from Team Quinte Hub)
- **Logbook** (required by Youth Science Canada)
- **Project report** (printed + digital copy)
- **Project summary** (digital + printed)
- **Any physical components of your project**
- **Models, prototypes, or devices** (if allowed under safety rules)
- **Safety & Ethics documentation** (forms, approvals, risk assessments)
- **Media release forms / consent forms**
- **USB stick** with project files, images, and backup copies
- **Extra adhesives** (tape, glue dots, Velcro)
- **Extension cord / power bar** (if permitted by venue rules)
- **Protective packaging** for fragile items

2. Technology & Digital Requirements

Team Quinte lists **Laptop/tablet + chargers** as required.

Devices

- **Laptop or tablet**
- **Chargers for all devices**
- **Phone + charger + portable battery pack**
- **Headphones / earbuds**
- **Portable mouse / keyboard** (if preferred)

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- **HDMI or USB-C adapters**
- **Cloud backups** (OneDrive, Google Drive)
- **Offline copies** of all judging materials

Optional but helpful

- **Small ring light** for virtual judging (if needed)
- **Screen wipes / microfiber cloth**

3. Clothing & Personal Attire

Team Quinte requires a **formal outfit** for official events.

Formal / Professional Wear

- Outfit for **opening ceremony**
- Outfit for **judging day**
- Outfit for **awards ceremony**
- Comfortable **professional shoes**

Casual Wear

- Daily clothing for 7 days
- Hoodie or sweater (venues can be cold)
- Comfortable walking shoes
- Socks, undergarments, sleepwear

Weather-Specific

Hamilton in late May/early June can vary:

- Light jacket
- Umbrella or compact raincoat
- Hat / sunglasses

4. Toiletries & Personal Care

- Toothbrush, toothpaste
- Shampoo/conditioner
- Deodorant
- Hairbrush / comb
- Hair ties / clips
- Personal hygiene products
- Sunscreen
- Lip balm
- Travel laundry soap (optional)
- Medications (in original packaging)
- Glasses / contacts + solution
- Towels – may not be provided



5. Travel Documents & Administration



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From Team Quinte Hub: **Travel consent forms, registration package, portal registration requirements**

Documents to Bring

- Government ID (student + parent if travelling)
- Health card
- Travel consent forms
- Media release forms
- Safety & ethics forms
- Printed itinerary
- Emergency contact list
- Hotel information
- QRSTF chaperone contact sheet
- Money

6. Daily Living & Comfort Items

CWSF is a full-week event with long days.

Essentials

- Water bottle (may be provided)
- Snacks (nut-safe)
- Small backpack or day bag
- Notebook + pens
- Light blanket or shawl
- Reusable shopping bag
- Travel mug
- Pins for trading....CWSF official sport- Put them in your check in baggage

Optional

- Small games/cards for downtime
- Book or e-reader
- Personal pillow (if desired)

7. For STEM Activities, Workshops & Tours

CWSF includes hands-on labs, outdoor activities, and campus tours.

Recommended Items

- Closed-toe shoes (required for many labs)
- Long pants (lab safety)
- Weather-appropriate outdoor clothing
- Small towel (if activities involve water)
- Extra socks



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8. Health, Safety & Emergency Preparedness

- Personal medications
- Allergy plan (if applicable)
- Mini first-aid kit
- Band-aids
- Hand sanitizer
- Masks (optional)
- Emergency contact card
- Copies of medical information

9. For Virtual Project Requirements (if applicable)

Team Quinte notes possible **virtual project expectations** such as digital displays, videos, and online judging.

Bring / Prepare

- Project video file
- Digital display board
- High-resolution project images
- Updated project summary
- Stable Wi-Fi plan (hotel Wi-Fi + hotspot backup)

10. Delegate Etiquette & Team Quinte Expectations

From Team Quinte Hub: delegates must **represent QRSTF professionally**, attend all events, and follow policies.

Pack items that support professionalism

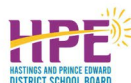
- Notebook for judge questions
- Breath mints
- Lint roller
- Watch (avoid checking phone during judging)
- Folder for printed documents

11. Parent/Guardian Support Items

Based on the Parents & Guardians page (transportation, support, safety)

Helpful for families

- Extra snacks
- Backup clothing
- Emergency cash
- Portable charger
- Printed schedule



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- Venue map
- Contact sheet for chaperones

12. Chaperone / Committee Items

For QRSTF supervisors

- Master schedule
- Delegate list
- Medical forms
- Incident report sheets
- Extra chargers
- Spare toiletries
- Safety kit
- Copies of all consent forms

